

MICKLEOVER SURGERY AUTUMN/WINTER 2025 NEWSLETTER

ANNUAL INFLUENZA VACCINATION

If you have not yet booked your annual flu vaccine, or your child's nasal flu, please speak to the receptionist to book an appointment.

Eligible patients include:

- Patients aged 65 years and over (including those who are 64 but will be 65 on or before 31st March 2026)
- Patients aged 18 years to under 65 years in a clinical risk group
- Patients in long-stay residential care homes
- Carers
- Close contacts of immunocompromised individuals
- Children aged 2 or 3 years on 31st August 2025 are eligible for the nasal flu

COVID-19 AUTUMN/WINTER VACCINE BOOSTER

Patients in the following groups are eligible for the covid-19 booster this Autumn/Winter:

- Patients who reside in a care home for older adults
- Patients aged 75 years and over
- Patients aged 6 months and over who are immunosuppressed

Please speak to the receptionist about booking an appointment. Please note that we can only offer appointments for those patients who are eligible.

STAFF UPDATE

Dr Mbah will be leaving Mickleover Surgery at the end of October 2025. We would like to thank Dr Mbah for her contributions to the practice as a GP Partner over the last couple of years, and we wish her well in her future.

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THE NHS APP

The NHS App gives you a simple and secure way to access a range of NHS services. Download the NHS App on your smartphone or tablet via Google Play or App Store. You must be aged 13 or over to use the NHS App.

Through the NHS App you can:

- Order repeat prescriptions & nominate a pharmacy
- View your GP health record
- Register your organ donation decision
- View your NHS number
- Use NHS 111 online to answer questions & get instant advice or medical help near you
- Search trusted NHS information & advice on hundreds of conditions & treatments

View www.nhs.uk/nhs-app/ for more information about the NHS App.

NATIONAL HPV VACCINATION & IMMUNISATION CATCH-UP CAMPAIGN 2025/26

NHS England has pledged to eliminate cervical cancer by 2040.

The HPV vaccination, cervical screening and treatment for cell changes can all help prevent cervical cancer. HPV is linked to over 90% of all cervical cancers in England and can be prevented with one dose of the HPV vaccination and regular cervical screening

HPV vaccination can also protect men and women against other cancers such as head and neck (mouth and throat) and penile cancers.

The HPV vaccine is offered to boys and girls from year 8 in school (12-13 years) to help protect them from high-risk HPV related cancers.

For more information on HPV and the HPV vaccine see the [NHS website](#)

Did you miss your HPV vaccine in school?

Everyone eligible aged between 16 years and 25 years are being invited into the surgery to catch up on their missed HPV vaccine from when they were in school.

The HPV vaccination is given to boys and girls in year 8 at school, but some people may have missed it at the time. If you were offered the vaccine in school and missed it, you can catch up any time until your 25th birthday.

Please speak to the receptionist to book an appointment with the Practice Nurse.