

MICKLEOVER SURGERY SUMMER/AUTUMN 2025 NEWSLETTER

ANNUAL INFLUENZA VACCINATION

This year most eligible adults will be offered a flu vaccine from **1st October 2025**, which is slightly later than in previous years due to NHS England guidelines. This is because the latest scientific evidence shows that the protection from the flu vaccine decreases over time in adults. It is therefore better to have the vaccine closer to when flu typically circulates. Patients who are eligible will be notified nearer the time of the clinics to be held at the surgery.

Eligible patients include:

- Patients aged 65 years and over (including those who are 64 but will be 65 on or before 31st March 2026)
- Patients aged 18 years to under 65 years in a clinical risk group
- Patients in long-stay residential care homes
- Carers
- Close contacts of immunocompromised individuals

Pregnant women, children in clinical risk groups aged from 6 months to less than 18 years, and children aged 2 or 3 years on 31st August 2025 are eligible to have their vaccine from **1st September 2025**.

Parents/guardians will be notified when the surgery will be holding nasal flu clinics for children aged 2 or 3 years.

COVID-19 AUTUMN/WINTER VACCINE BOOSTER

Covid-19 booster vaccines will be offered to patients in the following groups:

- Patients who reside in a care home for older adults
- Patients aged 75 years and over
- Patients aged 6 months and over who are immunosuppressed

Patients will be informed of the Flu and Covid clinic dates in due course. Patients will have the opportunity to have both vaccines at the same time if they are eligible for both.

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THE NHS APP

The NHS App gives you a simple and secure way to access a range of NHS services. Download the NHS App on your smartphone or tablet via Google Play or App Store. You must be aged 13 or over to use the NHS App.

Through the NHS App you can:

- Order repeat prescriptions & nominate a pharmacy
- View your GP health record
- Register your organ donation decision
- View your NHS number
- Use NHS 111 online to answer questions & get instant advice or medical help near you
- Search trusted NHS information & advice on hundreds of conditions & treatments

View www.nhs.uk/nhs-app/ for more information about the NHS App.

NATIONAL HPV VACCINATION & IMMUNISATION CATCH-UP CAMPAIGN 2025/26

NHS England has pledged to eliminate cervical cancer by 2040.

The HPV vaccination, cervical screening and treatment for cell changes can all help prevent cervical cancer. HPV is linked to over 90% of all cervical cancers in England and can be prevented with one dose of the HPV vaccination and regular cervical screening

HPV vaccination can also protect men and women against other cancers such as head and neck (mouth and throat) and penile cancers.

The HPV vaccine is offered to boys and girls from year 8 in school (12-13 years) to help protect them from high-risk HPV related cancers.

For more information on HPV and the HPV vaccine see the [NHS website](#)

Did you miss your HPV vaccine in school?

Everyone eligible aged between 16 years and 25 years are being invited into the surgery to catch up on their missed HPV vaccine from when they were in school.

The HPV vaccination is given to boys and girls in year 8 at school, but some people may have missed it at the time. If you were offered the vaccine in school and missed it, you can catch up any time until your 25th birthday.

Please speak to the receptionist to book an appointment with the Practice Nurse.