

Mickleover Surgery PPG 23/7/24

Present:

Gail Johnson, Sharon Conroy, Marion Hall, Sue Atherton, Brenda Bell, Angela Maine, Jane Lindsay

Apologies:

Lesley Wells, Alice Burns,

Welcome and Housekeeping:

Angela covered the welcome, housekeeping and introduced Jane Lindsay from the Social Prescribing team

Social prescribing:

Jane Lindsay described the work of the Social Prescribing team. The team has been set up with the aim of improving the mental wellbeing of patients and reduce feelings of anxiety and isolation. The service varies between areas and patients can either be referred by their GP or can self-refer. The local team will work in a particular area to understand the local needs and enable appropriate provision of help. They can help with a wide range of issues including loneliness, isolation and low-level mental health issues through to practical issues such as signposting to services for housing, benefits and finance.

Currently there are several groups supported in Mickleover including weekly meetings at the Nags Head and Holly Court, and pop-ups at the library.

The meeting at the Nag's head is every Wednesday from 11:00a.m. - 12:30 and open to all.

Consideration is being given to the creation of a Men's Group to support men who are struggling and find it difficult to seek help.

The PPG suggested looking to advertise the service in the Mickleover directory.

More information can be obtained by e-mailing ddicb.socialprescribers@nhs.net.

Previous meeting:

The minutes of the last meeting were agreed.

Any other business

RSV vaccines will be offered from early September and Flu / Covid vaccines offered from 3rd October.

There has been positive feedback from patients about the surgery phone system.

Next Meeting

The next meeting will be held 22/10/24 at 18:30