

# MICKLEOVER SURGERY

## AUTUMN/WINTER 2023 NEWSLETTER

### ANNUAL FLU VACCINATIONS

We have run several flu vaccination clinics at the practice during September and October on a Saturday morning. We still have vaccines available for eligible patients. Eligible patients include:

- Those aged 65 years and over, including those who will age 65 by 31<sup>st</sup> March 2024
- Those aged 6 months to under 65 years in clinical risk groups
- Pregnant women
- Those in long-stay residential care homes
- Carers
- Close contacts of immunocompromised individuals

If you have not had your annual flu vaccination, we urge you to book an appointment as soon as possible.

### CHILDREN'S NASAL FLU

Children who are aged two or three years of age on 31<sup>st</sup> August 2023 (born between 1<sup>st</sup> September 2019 and 31<sup>st</sup> August 2021) are eligible for their nasal flu at the practice.

If your child has not yet received their nasal flu, please book an appointment with the Senior Healthcare Assistant.

### CONTACT DETAILS

Are your details still up to date? It is important that the practice has your correct contact details. If you have changed your address or phone number recently, please remember to inform us. You can do this via our practice website or alternatively ask at the reception desk for a form to update your details.

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### NHS HEALTH CHECKS

The NHS Health Check is a check-up for adults in England aged 40 to 74 who do not have a pre-existing health condition. It can help spot early signs of stroke, kidney disease, type 2 diabetes or dementia. Further information on the NHS Health Check can be found at <https://www.nhs.uk/conditions/nhs-health-check/> Please contact us to book an appointment with the Health Care Assistant.

During your appointment with the Health Care Assistant an ECG will also be carried out. An ECG can help diagnose certain heart conditions. The practice has decided to include a routine ECG alongside the NHS Health Check.

### PROPOSAL TO MOVE TO A NEW PURPOSE-BUILT BUILDING

Please see the separate letter to our patients outlining this proposal. The following are answers to common questions raised by patients: -

- This is just a proposal that patients are being advised of and it is likely to be a few years before any changes are made.
- The proposed new building will enable us to increase patient capacity. All patients currently registered with Mickleover Surgery will move with us.
- The move to a new larger premises will mean as a practice we can provide more services to our patients than we are currently able to. We do not own the current premises and due to the size of the building we are limited as to what services we can offer due to space.